

Mental Wellbeing Walsall Grant and Enterprise Programme Funding Workshop – Young People

Monday 27th February 2023
1pm - 2.30pm

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Walsall Council



IMPROVE
outcomes and
customer experience



IMPROVE
employee satisfaction
and engagement



IMPROVE
service efficiency
and performance

Agenda

- Introductions
- Purpose of this workshop
- Plan for delivering the Mental Wellbeing Grant 2023-2024
- Local need
- Purpose of the workshop, grant application process, timescales and support available
- What's in it for you?
- Q&A



Welcome and Introduction

- Name
- Organisation
- Role
- Reason for attending
- Area of interest

Purpose of the Workshop

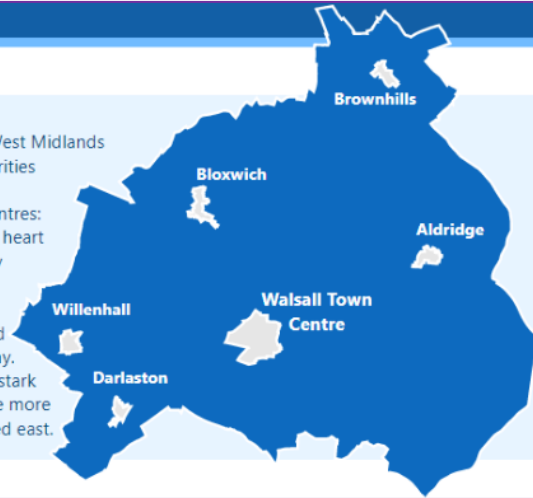
Is to provide information on:

- The purpose of each grant
- Accessing information on community and population needs
- The expectations and practical requirements of receiving grant funding
- Grant funding timescales
- Completing the grant application form
- Tools and measures that can be used to evaluate project outcomes
- An opportunity to ask questions and receive answers specific to the grant process

Overview of Walsall Population...

Walsall

Walsall is situated within the West Midlands and is one of four Local Authorities comprising The Black Country. It contains six urban district centres: Walsall Town Centre lies at the heart of the borough, surrounded by Aldridge, Bloxwich, Brownhills, Darlaston and Willenhall. The borough covers 40sq miles and is bisected by the M6 motorway. Socio-economically, there is a stark geographic divide between the more deprived west and less deprived east.



Population



286,700

Estimated Population

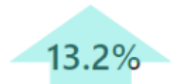
49.2%

Male



50.8%

Female



Increase since 2001

21.7%

Under 16

1 in 5 people



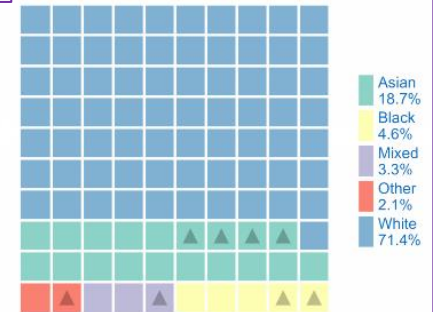
17.5%

Aged 65+

1 in 6 people

Walsall Population by
Census 2021

Ethnicity



▲ Arrows indicate increase since 2011 (1 square = 1% pop)

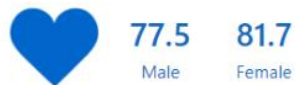


Walsall Council

PROUD OF OUR PAST, OUR PRESENT AND FOR OUR FUTURE

...Overview of Walsall Population

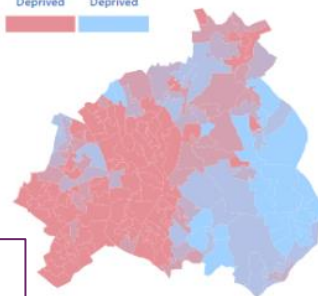
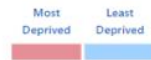
Life Expectancy



Expected Years Lived in 'Poor' Health:



Deprivation



25th
most deprived
out of 317 Local
Authorities

14th
most deprived
affecting children
out of 317 Local
Authorities

Education



27.9% 43.1%
Degree or Higher Great Britain

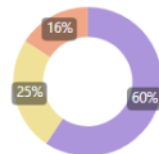
70.2% 78.1%
GCSE or Higher Great Britain

Housing



● owned ● social ● rented

115,700
residential
properties within
the borough



Employment



74.6% **14.5%**
Economically Active Workless Households

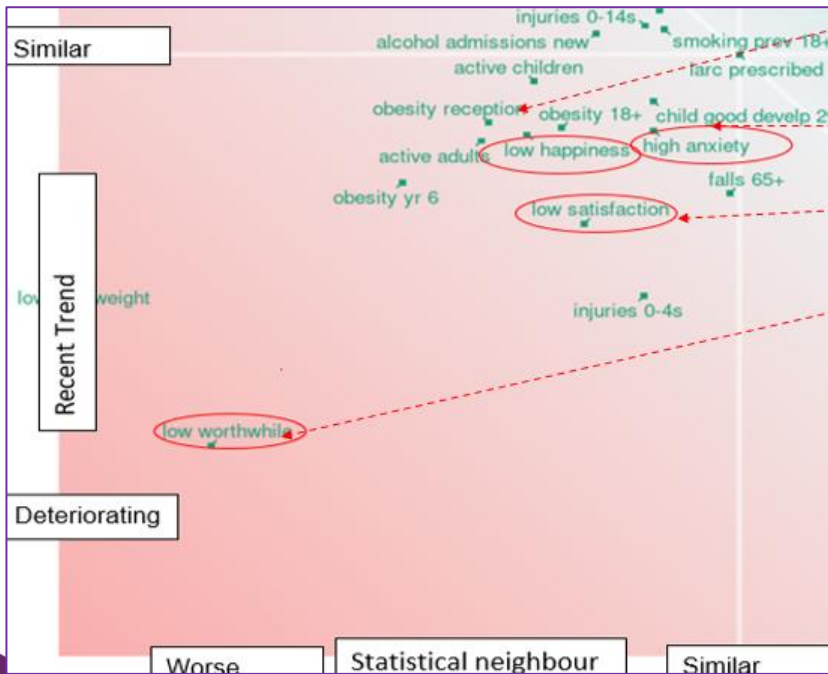
Job Density
2 jobs to every 3 working
aged people (0.66)






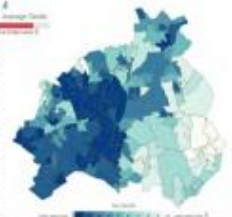






Walsall **INSIGHT**

Trends & Intelligence

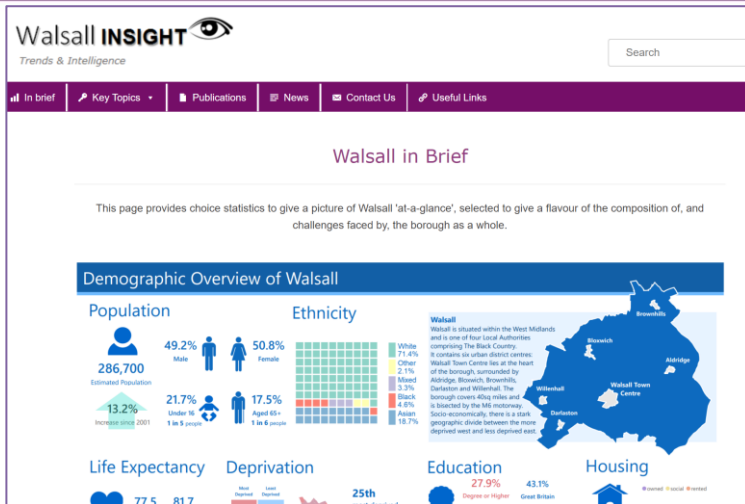


Why Focus on Mental Wellbeing?



 <p>Carers are more likely to suffer mental health problems than non-carers.</p>	 <p>Black & Asian communities are more likely to be prescribed medications than be referred for counselling</p>	 <p>In Walsall, 5.2% of households are overcrowded</p>	 <p>28% of people rated their mental well-being as low in Walsall</p>
 <p>Children from the poorest 20% of households are 4x more likely to have serious mental health difficulties by the age of 11 as those from the wealthiest 20%</p>	 <p>In Walsall 50% of residents live in the 20% most deprived neighbourhoods in England</p>	 <p>21% bereaved people nationally said that they had not spoken to a support service about their bereavement but would have liked to</p>	 <p>In Walsall 1 in 1000 households were in temporary accommodation in 2017/18</p>
 <p>85% of older people with depression receive no NHS support</p>	 <p>Fuel poverty, is associated with poor wellbeing. 13.7% of households in Walsall experienced fuel poverty in 2022 this is likely to increase due to increasing national energy costs.</p>	 <p>40% of adults with social care needs in Walsall said they had as much social contact as they would like.</p>  <p>19.4% of Walsall residents experience anxiety or depression</p>	

Accessing Data on Community Need



Local Authority Health Profiles

Data view: Area profiles
Geography: Walsall
Topic: All indicators

Geography version: Districts & UAs (pre Apr 2019)

CIPFA nearest neighbours to Walsall

Indicator	Period	Walsall			Region England			England	
		Recent Trend	Count	Value	Value	Value	Worst	Range	Best
Life expectancy and causes of death									
Life expectancy at birth (Male, 3 year range)	2018 - 20	-	-	-	80.2	79.4	74.1		84.7
Life expectancy at birth (Male, 1 year range)	2020	-	-	-	79.6	78.7	73.6		83.7
Life expectancy at birth (Female, 3 year range)	2018 - 20	-	-	-	83.8	83.1	79.0		87.9
Life expectancy at birth (Female, 1 year range)	2020	-	-	-	83.5	82.6	78.0		87.8
Under 75 mortality rate from all causes (3 year range)	2018 - 20	-	-	-	303.5	336.5	570.7		220.1
Under 75 mortality rate from all causes (1 year range)	2020	-	-	-	316.7	358.5	622.8		202.4

[Publications - Walsall Insight \(walsallintelligence.org.uk\)](https://walsallintelligence.org.uk)

[Walsall Multi-Agency Mental Wellbeing Strategy](#)

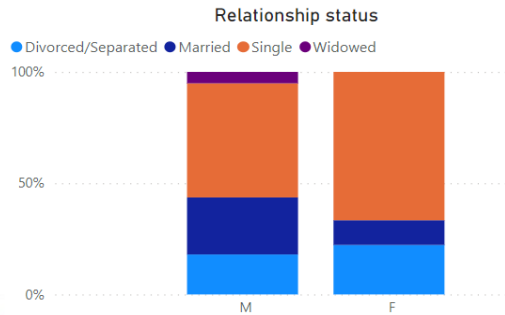
[Local Authority Health Profiles - Data - OHID \(phe.org.uk\)](https://phe.org.uk)

Suicide Data - Walsall

Walsall Suicides

Suicides since September 2019
(ending March 2022)

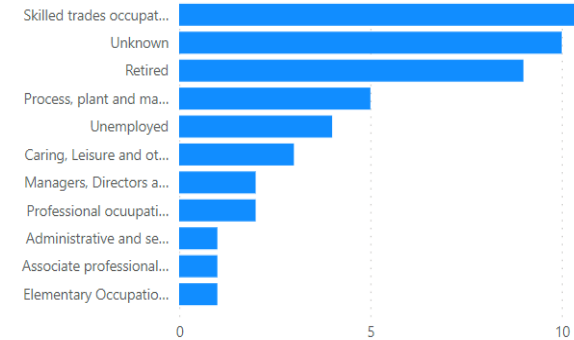
49



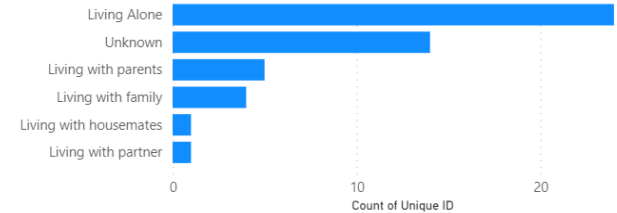
Age Group and Sex



Occupation



Living Arrangement



Suicide Risk

These themes were synthesised using an inductive thematic analysis approach with excluded themes i.e., substance misuse, acute mental health.

Bereavement – Spousal, child, parent, friend

Physical Ill-Health – Including hidden illness (not wanting to become a burden) and immobility

Social Exclusion - Social “awkwardness” – (neurodiversity)

Acute Financial Stresses – i.e. risk of sudden financial change or pressure or risk of change

Familial Estrangement – Recent relationship breakdown/divorce, family breakdown, children lost to separation or divorce, children taken into care

Offenders - allegations and convictions for violent and sexual offences

Abuse and Trauma- Sexual or physical abuse as a child/ young person, domestic violence, ex-service personnel – PTSD

Mental Wellbeing Strategy

Walsall Multi-Agency Mental Wellbeing
Placed Based Strategy
Mental Wellbeing Walsall "Together We Can"
2022- 2032



 Walsall Council

Common Risk Factors

Financial problems
Having not many healthy relationships
Stress
Bereavement
Crime/ fear of crime
Bullying
Poor nutrition

Pregnancy
Substance misuse
Poverty
Personal history of trauma

Abusive relationship
Lack of support services
Poor sleep
Low self-esteem
Poor academic achievement
Discrimination

Common Protective Factors

Coping and problem solving skills
Financial Security
Positive self-regard
Moral belief and/or faith

Participation in sports team, club and community
Good housing Good education, training, employment
Secure attachment as a child

Healthy diet, exercise
Positive peer and family relationships
Optimism and Ambition
Access to support



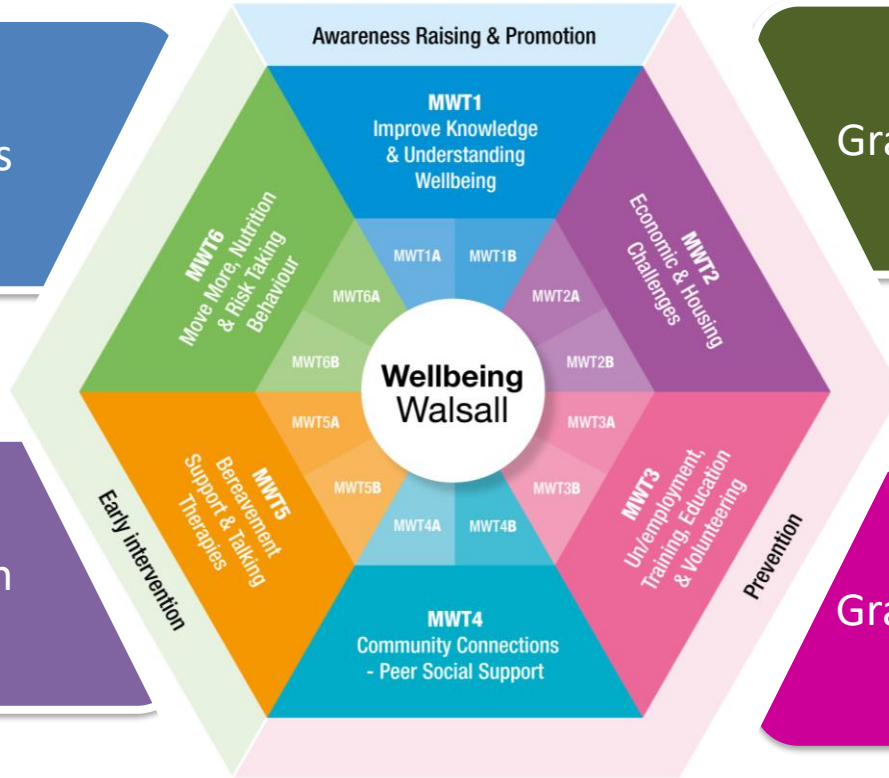
Mental Wellbeing Walsall Grant Funding

General Grants

Grants for Neurodiverse

Grants for Men

Grants for Young People



Local need – Why young people?

Young people

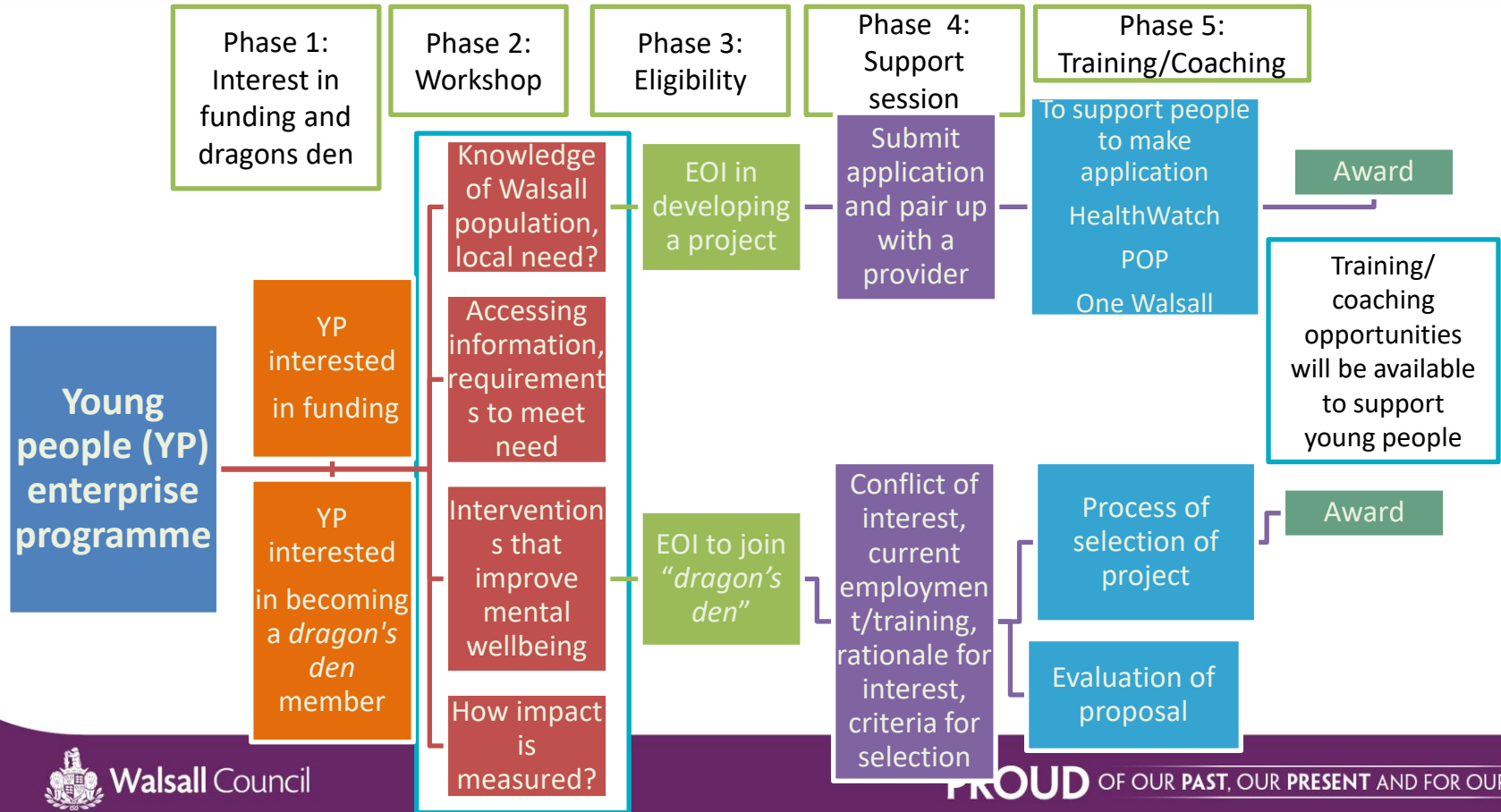
- The economic cost of youth unemployment, is forecast to rise to £6.9 billion in 2022
- Walsall fares particularly badly in terms of income, education, skills & training deprivation and employment.
- 83% of young people with mental health needs agreed that the coronavirus pandemic had made their mental health worse
- Young people often enter the workforce with little sense of what is about to hit them.
- By prioritising economic wellbeing, employment, unemployment challenges we are addressing some of the major issues which impact on population mental wellbeing

Aim:

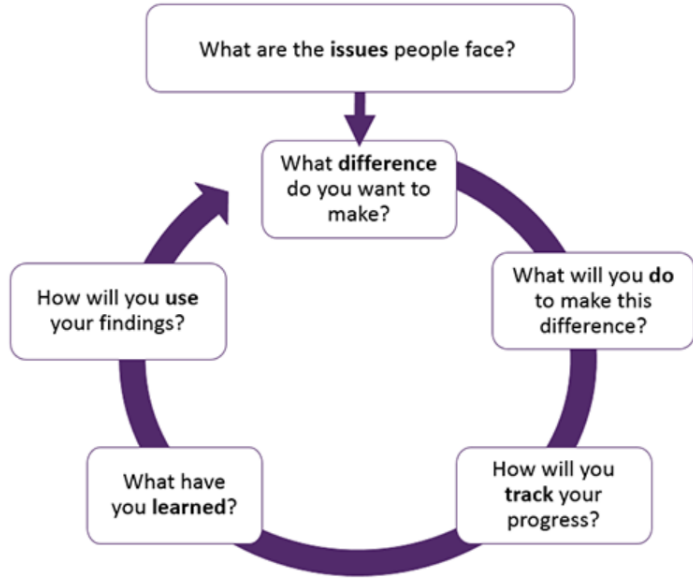
- Increase confidence
- Awareness of support available
- Project to be delivered by young people
- Provide young people voice to the development and delivery of programmes whilst also producing interventions
- Hear the experiences of young people
- Enable participants to learn from hands on practical learning in real life context, understand money management, raise aspirations and develop career intentions.
- Support volunteering opportunities to build portfolio for future opportunities

Projects must seek to address health inequalities and the impact Mental Wellbeing has on specific communities by targeting intervention towards the communities with the greatest need.

Young People Grant and Enterprise



Developing Your Project – Consider:



What are the issues people face?

- Understanding the issues experienced by your beneficiaries.
- Consider the assets and resources that beneficiaries have.
- Have you involved potential beneficiaries in developing your solution?

What difference do you want to make?

- You can articulate short and medium term changes that will result from what you do (outcomes)
- Broad or longer-term effects of your work (impacts)

What will you do to make this difference?

- Identify the services that you will provide to make a difference



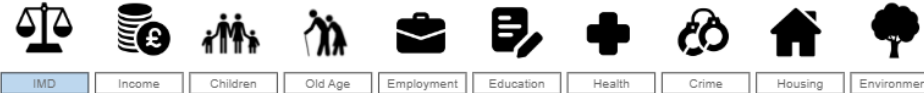
Where your project will take place

Walsall Indices of Deprivation 2019 Dashboard

Domain: Index Multiple Deprivation

Key Information:

The Index of Multiple Deprivation is the official measure of relative deprivation in England. It is comprised of 7 main domains: Income (of which there are sub-domains for children & the elderly), Employment, Education, Health, Crime, Barriers to Housing & Living Environment. The overall rank is used to determine the relative deprivation for each area.



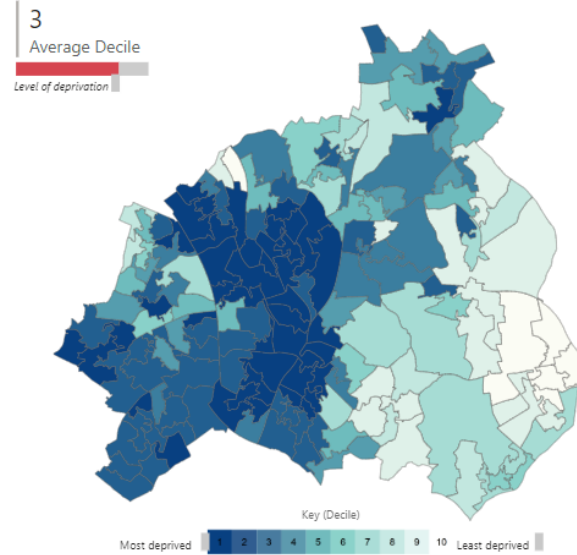
Filters

Year: 2010, 2015, 2019 (selected)

Locality: East, North, South, West

Ward: All (dropdown)

Postcode Search: Search



Ward	Area Name (LSOA)	Decile
Pleck	Alumwell East	1
Pleck	Alumwell South	1
Birchills Leamore	Beechdale East	1
Birchills Leamore	Beechdale West	1
Bentley & Darlaston North	Bentley North	1
Pleck	Birchills East	1
Bloxwich East	Blakenall Heath East	1
Bloxwich East	Blakenall Heath North	1

Data Source: Ministry of Housing, Communities & Local Govt. - [English Indices of Deprivation 2019](#)

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[Deprivation - Walsall Insight \(walsallintelligence.org.uk\)](#)

Measuring Outcomes – Consider:

How you will monitor and track your progress. What measures will you use?

Wellbeing measure options chosen would depend on the project. Examples include:

- Short Warwick-Edinburgh Mental Well-Being Scale (SWEMWBS)
- World Health Organisation Five Well-Being Index (WHO-5)
- Personal Well-being ONS4 measures
- The De Jong Gierveld Loneliness Scale

Using

- Case studies
- Monitoring reports
- Graphs and diagrams
- images



Time Frame

Grant Framework	Men's Grants	General Grants	Neurodiverse Grants	Young People Grants
Grant workshop date	Wednesday 22 February 2023 (PM)			Monday 27 Feb (PM)
Grant publish date	Friday 10 March 2023			Friday 17 March 2023
Q&A session	Monday 27 March 2023 (PM)			Monday 3 April 2023 (PM)
Submission times scales	Monday 17 April 2023 noon	Monday 24 April 2023 noon		
<u>Please note this is the current proposed plan</u>				



Process Overview

- Complete an expression of interest form and send to mwwalsall@walsall.gov.uk and Nazmin.khanom@walsall.gov.uk)
 - Application pack will be sent to you
 - Complete the application form in detail and return it to the above email addresses
- Show knowledge of understanding of the:
 - Geographical location that your project will take place
 - Population that you are apply for funding to support
 - Show how you know there is a need- use data and information provided and include local knowledge
 - Remember outcomes are essential – Think how will you capture them
 - Keep in mind the impact your project will have on improving mental wellbeing



What's in it for you?

- Opportunities to develop skills and knowledge
- Update your CV
- Receive support to make application and develop project/s
- We will support you through the journey
- You will receive the opportunity to link up with other providers

Thank you!



For more information
contact:

[MWWalsall@Walsall.gov.
uk](mailto:MWWalsall@Walsall.gov.uk)

and

[Nazmin.khanom@walsall.
gov.uk](mailto:Nazmin.khanom@walsall.gov.uk)

Appendix



SWEMWBS

*The Short Warwick–Edinburgh
Mental Well-being Scale (SWEMWBS)*

Below are some statements about feelings and thoughts.
Please tick the box that best describes your experience of each over the last 2 weeks

STATEMENTS	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about the future	1	2	3	4	5
I've been feeling useful	1	2	3	4	5
I've been feeling relaxed	1	2	3	4	5
I've been dealing with problems well	1	2	3	4	5
I've been thinking clearly	1	2	3	4	5
I've been feeling close to other people	1	2	3	4	5
I've been able to make up my own mind about things	1	2	3	4	5

WHO-5

WHO-5 Well-being Index

Please respond to each item by marking one box per row , regarding how you felt in the last two weeks.		All of the time	Most of the time	More than half the time	Less than half the time	Some of the time	At no time
WHO 1	I have felt cheerful in good spirits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		5	4	3	2	1	0
WHO 2	I have felt calm and relaxed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		5	4	3	2	1	0
WHO 3	I have felt active and vigorous.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		5	4	3	2	1	0
WHO 4	I woke up feeling fresh and rested.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		5	4	3	2	1	0
WHO 5	My daily life has been filled with things that interest me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		5	4	3	2	1	0

Scoring:

The raw score is calculated by totaling the figures of the five answers. The raw score ranges from 0 to 25, 0 representing worst possible and 25 representing best possible quality of life.

To obtain a percentage score ranging from 0 to 100, the raw score is multiplied by 4. A percentage score of 0 represents worst possible, whereas a score of 100 represents best possible quality of life.